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This weekend promises costume contests for humans and dogs, plus a festival devoted to coffee and another devoted to cocktails.

15 Things To Do in

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Cincinnati This Weekend (Oct. 22-24)

Nick Mayhugh set world records in the T37 100 and 200 meters, and won three golds and one silver at the Paralympics in Tokyo.

Oreos, Usain Bolt and visualization: Paralympian Nick Mayhugh inspires Centenary students

With Sunday's results in the books, the Canadian Men's National Team remains the only undefeated team in the Concacaf standings with seven points, one behind the U.S. and four points ...

Rapids Mark-Anthony Kaye and undefeated Canadian Men's

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National Team take on Panama

A new online physical fitness program led by the 642nd Regional Support Group is offering Army Reserve Soldiers a chance to train together online several times a week.

Virtual coach, virtual training, real world results

Manchester United are in a much better place than when Jose Mourinho was sacked in December 2018, but how much of that down to Ole Gunnar Solskjaer?

Has Solskjaer turned Man United around? And is he the right person to take the club forward?

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Planner All that came to him was an abstract collage built from Google Images searches: “Washington D.C.,” “college soccer,” “Episcopal High School.” “I found so many Episcopalians on Google – I didn’t know ...

**From Senegal to Washington,
this soccer player is
quickly adapting – and
emerging as a star**

You got a supply chain crisis, crushing businesses and consumers, secret late night flights to New York carrying underage migrants. By the way, the last time Democrats book flights like that it was ...

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'Gutfeld' on US supply chain crisis

Fans of the NWSL's Portland Thorns criticize the team and owner Merritt Paulson, who helped build one of the world's top franchises.

Abuse Scandal Rocks Portland, the Epicenter of Women's Soccer

Everyone knows El Clasico, but how did it become this huge? We talk to players and coaches about the rivalry's most influential figures.

Barcelona, Real Madrid and El Clasico: The people who made it the biggest match in soccer

In Perrysburg's Division I

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sectional final, no one was getting it done, so it took one of their top players coming off the bench to make things happen.

Perrysburg gets by Springfield in sectional soccer

As a Fulham youth academy player, Dan Stratford was selfish. "It was a dog-eat-dog environment. I cared more about myself than the team's accomplishments," he admits. At age 18, his dream of playing ...

Dan Stratford on emerging from Fulham to find a soccer home in West Virginia

There was a stoppage of play

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Planner and there were T-shirts in support of players who have spoken out. There was also a 3-2 win against the Red Stars.

Amid protests sweeping National Women's Soccer League, OL Reign clinches playoff berth

Escaping the chaos in their homeland, many of Afghanistan's female athletes were evacuated to Qatar this week, Martin Rogers writes.

Afghan female athletes escape chaos, take steps toward new life

Two key cogs for Champaign Central and Centennial are

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Planner close off the field. But know they'll compete mightily against one another when their respective Unit 4 boys' soccer teams meet ...

Rivalry doesn't get in way of friendship for Gardner, Johnson

Chelsea have been handed a blow as they return to Premier League action after the international break, with Antonio Rudiger suffering an injury as he misses Germany's final training session of the ...

Report: Blow for Chelsea as Antonio Rudiger Misses Germany Training Due to Injury

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Nashville SC attacking
midfielder and designated
player Hany Mukhtar is in
the top 3 in MLS goals (13)
and in the top 10 in league
assists (9).

Why Hany Mukhtar is never satisfied, remains humble and constantly evolving with Nashville SC

Washington Episcopal
School's first-ever Olympic
alumna returned to the
school on Friday with a
message for students: "Dream
big, because I was just like
you." Claire Collins helped
propel the U.S.

Washington Episcopal School alumna shares Olympic

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experience with students

Nikolas Cruz pleaded guilty to murder on Wednesday in the 2018 shooting massacre that left 17 people dead at a high school in Parkland, Florida. Here are ...

Victims of the 2018 Parkland, Florida, high school massacre

Bitcoin reached a new all-time high Wednesday following the launch a day earlier of the first U.S. bitcoin ETF. The cryptocurrency was trading above US\$66,000 mid-morning, topping the previous record ...

Bitcoin reaches new all-time

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**high above US\$66,000 on
launch of U.S. ETF**

After sending a record number of military aircraft to harass Taiwan over China's National Day holiday, Beijing has toned down the saber rattling but tensions remain high, with the ...

The official playing and coaching manual for youth soccer of the United States Soccer Federation. The definitive playing and coaching manual for youth soccer. Compiled by the coaching, educational and technical staff of U.S. Soccer, this book offers

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Planner extensive information on all aspects of the game, technique, tactics, laws, prevention and care of injury, coaching preparation, organizational structure, model training sessions, and more than 100 practice games suitable for developing aspects of every player's game. Features numerous games for developing dribbling * passing * finishing * heading * defending * goalkeeping, as well as games specifically for young beginners * games to teach tactics * overall soccer decision-making. Extensive technique section offers detailed pointers on

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Dribbling and turning moves
* shielding * passing *
receiving * drives * chips,
bending the ball and volleys
* heading * marking *
tackling * goalkeeping
catches * dives and saves.
Tactical chapters offer
detailed information on
fundamental attacking
tactics * defensive
principles * restart tactics
for defensive and offensive
success. Model training
sections construct excellent
practice sessions, from
warmup through cool down
exercises * useful for all
coaches as a guide to
improving performance *
efficiency * enjoyment of
training.

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Provides would-be coaches with information on designing complete training sessions for young soccer players, including ball skills, team play, goalkeeping, and problem-solving.

The ULTIMATE SOCCER DICTIONARY of American Terms is the largest and most complete soccer glossary ever published in the United States. Written by John Harves - successful collegiate player, coach, and experienced referee - this dictionary is the vital

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Planner resource to help players, coaches, parents, fans, administrators, and journalists to learn American soccer terminology and current jargon and to better understand the game and the rules. Soccer is widely recognized as the most popular sport in the world - for players and fans. Soccer is one of the fastest-growing major sports in the United States, for both genders, at all levels - youth, collegiate, and professional. During the past 50 years, the number of soccer players in the U.S. has risen dramatically, from under 100,000 in 1967 to over 13 million today, with

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more than 25 million enthusiastic fans. More than 20 percent of all American households now include at least one soccer player or avid fan! For the benefit of everyone interested in the sport, The ULTIMATE SOCCER DICTIONARY includes definitions for over 4,000 soccer terms. In addition, this book also includes powerful training tools: (1) A "Quick-Start Guide" with more than 220 soccer words and phrases to help beginners learn basic soccer terminology; and, (2) An extensive set of more than 160 "On-field Oral Communication" terms for developing teamwork skills.

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The **ULTIMATE SOCCER** DICTIONARY of American Terms is available in a softbound edition (over 400 pages) and as a Kindle eBook. It is also available in two abridged Kindle eBook versions, "Basic" and "Condensed." What coaches and experts are saying about this book: "The Ultimate Soccer Dictionary is a great resource for all soccer fanatics, from those just being introduced to the game to the higher education coaches looking for an edge or angle in teaching all components of the game." - Marc Reeves, Men's Soccer Coach, Radford University, VA "The Ultimate Soccer

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Dictionary is a must for all youth coaches and parents who really want to learn the game." - John Sullivan, Recreation and All-Star Coach and former Soccer Club Manager and Referee "Crisp and authoritative." - Charlie Clark, Writer/Editor "Coach Harves introduces two new words to the American soccer vernacular: 'Shoulders' of the field, and Assistant Referee 'Lanes'." - Dr. Peter A. Keiller, Professor and former player, Howard Univ.

International Research in Science and Soccer II showcases the very latest research into the world's

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Planner most widely played sport. With contributions from scientists, researchers and practitioners working at every level of the game, from grassroots to elite level, the book covers every key aspect of preparation and performance, including:

- performance and match analysis;
- training and testing;
- physiotherapy and injury prevention;
- biomechanics;
- youth development;
- women's soccer;
- sport science and coaching;
- sport psychology.

Sports scientists, trainers, coaches, physiotherapists, medical doctors, psychologists, educational

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Officers and professionals working in soccer will find this in-depth, comprehensive volume an essential and up-to-date resource. The chapters contained within this volume were first presented at The Fourth World Conference on Science and Soccer, held in Portland, Oregon, in June 2014 under the auspices of the World Commission of Science and Sports.

Soccer is a fast-paced game that requires players to be not only quick on their feet, but also in their decisions. Everyday training focuses on improving technical and tactical

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abilities, but almost always neglects the ability to read the game and make effective decisions quickly." Soccer Alive" provides players with a new and insightful training

There are many reasons to be curious about the way people learn, and the past several decades have seen an explosion of research that has important implications for individual learning, schooling, workforce training, and policy. In 2000, *How People Learn: Brain, Mind, Experience, and School: Expanded Edition* was published and its influence has been wide and deep. The

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report summarized insights on the nature of learning in school-aged children; described principles for the design of effective learning environments; and provided examples of how that could be implemented in the classroom. Since then, researchers have continued to investigate the nature of learning and have generated new findings related to the neurological processes involved in learning, individual and cultural variability related to learning, and educational technologies. In addition to expanding scientific understanding of the mechanisms of learning and

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Planner how the brain adapts throughout the lifespan, there have been important discoveries about influences on learning, particularly sociocultural factors and the structure of learning environments. *How People Learn II: Learners, Contexts, and Cultures* provides a much-needed update incorporating insights gained from this research over the past decade. The book expands on the foundation laid out in the 2000 report and takes an in-depth look at the constellation of influences that affect individual learning. *How People Learn II* will become an

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indispensable resource to understand learning throughout the lifespan for educators of students and adults.

The Soccer Sessions Book provides 87 practice sessions coaches will use time and again to develop their youth players. With this book, soccer coaches need not scramble to prepare their practice sessions because they will find a wide variety of training sessions for developing their youth players right here. And the sessions are all adaptable, making them suitable for players ages 10 and up, at any playing

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Planner. In the book, the coach will find coherent, structured 60- to 90-minute session plans. The work of constructing training sessions has already been done, and the clearly defined session titles enable the coach to quickly identify the ideal training session, its purpose, and its proposed outcomes. All the sessions facilitate progressive learning, enabling coaches to develop their players successfully. Also included with each session are questions and challenges meant to help the coach monitor and assess players' progress. With this book, all soccer coaches

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Planner will have at their fingertips the most suitable training sessions to develop their players.

Packed with drills and tips for practice and game days The fun and easy way(r) to kick-start your soccer coaching skills Volunteering as a youth soccer coach can be a great experience, both for you and your squad. But what if you've never coached before? Don't worry! This friendly guide explains soccer rules, shows you how to approach coaching, and gives you practical pointers on improving your team's soccer skills and encouraging good

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sportsmanship. Discover how
to Understand soccer rules
Develop a coaching
philosophy Teach soccer
fundamentals Run great
practices Lead your team
during a game Communicate
effectively with parents

This book is for soccer
coaches who want to improve
their training sessions. The
drills in this book are
explained step by step and
include diagrams. They will
have you running a quality
training session in no time.
The drills are aimed at
senior players (but they can
be adjusted for juniors aged
approximately 13 years and
up). These training session

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Planner have been chosen because they work in real life, not just in a book. I have played and coached for over 30 years and I ran these sessions last season (2019). These drills will bring improvement and better results to you and your team. These drills are 100% on the ball so they improve endurance, technique, and tactics all at the same time plus you'll see your players enjoying the sessions more. If you're a new coach, or you're simply a coach that hasn't had the time to work on your sessions, this book will improve you immensely. Game day results start on the training track and if

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the coach doesn't have a good training session planned, the players won't improve and will lose motivation. Most drills can be adjusted to suit the number of players you have at your session. I understand that on any night player numbers vary, so most of these drills are adjustable for more or less players. I've completed coaching courses and coached senior mens teams, ladies, youth and junior teams. The advice and drills in this book will get you up and running straight away. Don't jump on YouTube an hour before training looking for a fancy drill - simply

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Planner choose a session from this book, follow the step by step guides and you will see your sessions and coaching ability improve straight away (plus you'll enjoy coaching more!). "Training Sessions for Soccer Coaches - Book 1" lays out full training sessions that will improve different parts of your teams game. It walks you through what to do when from the warm up to the warm down and all the drills in between. The drills focus on one main aspect per session and you are given three different drills per session that build on each other. In this, my first soccer coaching book, you will

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Planner learn how to run drills for these four key components of the game: Playing Out From The BackPressingMidfield PlaySupporting The Attack. You'll also find general advice on things that help your session run smoother which will give you confidence as a coach

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